### **JANUARY 16, 2022**

**READINGS** Isaiah 62: 1-5, Psalm 96,: First Corinthians 12: 4-11, John 2.1-12

Weekend masses at the St. Regis Mission Church have been increased to a <u>MAXIMUM OF 100</u> <u>PERSONS</u>. ALL CURRENT COVID-19 MANDATORY RESTRICTIONS APPLY ESPECIALLY MASKS, SIGN IN AND SOCIAL DISTANCING.

### **SATURDAY JANUARY 15, 2022 4:00 PM**

Offered for: Russell and Reginald Mitchell by the Mitchell Family

<u>Eucharistic Minister/Sacristan:</u> Caroline Peters <u>Hospitality</u>: Nicky King **Reader**: Connie Thompson

### SUNDAY JANUARY 16, 2022 10:00 AM

<u>Offered for</u>: Sarah, Noah, Gordon and Orlo Ransom by Noah Ransom Jr.

**Eucharistic Minister** Bernice Lazore

<u>Sacristan:</u> Mildred White <u>Hospitality</u>: Eddy Lazore

**Reader**: Rosemary Bonaparte

# WEDNESDAY JANUARY 19, 2022 12:10 pm

Offered for: Carl Jospeh Papineau by the St. Regis Family

### WEDNESDAY JANUARY 19, 2022 6:00 pm

<u>Offered for:</u> Wallace Andrew Jacobs Memorial Anniversary Mass by the St. Regis Family

### **THURSDAY JANUARY 20, 2022 12:10 pm**

<u>Offered for</u>: Kerney Howard Cole Memorial Birthday Mass by the St. Regis Family

### FRIDAY JANUARY 21, 2022 12:10 PM

<u>Offered for</u>: Sandra Terrance Birthday Memorial Mass by the St. Regis Family

### SATURDAY JANUARY 22, 2022

Offered for: Simon, Marjorie King and Simon King Jr. by Doreen King.

### SATURDAY JANUARY 22, 2022 4:00 PM

<u>Offered for</u>: Leslie Phillips Memorial Birthday Mass by the Phillips family

<u>Eucharistic Minister/Sacristan:</u> Caroline Peters <u>Hospitality:</u> Nicky King Reader: Norman Tarbell

### **SUNDAY JANUARY 16, 2022 10:00 AM**

<u>Offered for</u>: Josephine Peters Memorial Anniversary Mass by the St. Regis Family

**Eucharistic Minister** Bernice Lazore

<u>Sacristan:</u> Mildred White <u>Hospitality</u>: Eddy Lazore **Reader**: Judy Cole

# **COLLECTIONS UPDATE**

January 8-9, 2022 US \$ 418.49 CDN \$ 276.75
NAIWEN:KOWA FOR YOUR LOVING GENEROSITY!

### **SECOND SUNDAY IN ORDINARY TIME**

Unbeknownst to the wedding couple, the wine runs out at their celebration. Aware of their predicament, Jesus and his mother begin to work quietly behind the scenes to remedy the situation. Jesus performs his first miracle by turning the water filled jars into the finest wine yet to be served. What is Jesus inviting us to learn from this wonderful miracle?

Jesus's miracle begins with his interest and sensitivity in assisting the newlyweds. Rather than drawing attention to himself, Jesus' focus is on preserving the dignity and honour of this joyous occasion. He wants to show us that at the heart of being his disciple is the loving and tender care for the needs of our sisters and brothers. When his mother says to the servant, "Do whatever he tells you," she is also speaking to us. She is calling us to be more compassionate and merciful in serving and caring for the poor, the marginalized and suffering within our families, our communities and in our world.

Let us pray to be open to the presence of the Holy Spirit inviting us to use our gifts in quiet service for the common good. United in Christ's love and friendship we reach out, listening and responding with tender hearts to the cries of a broken world.



# ST. ANTHONY OF EGYPT, THE ABBOT FEAST DAY JANUARY 17, 2022.

Following the death of his parents when he was about 20, Anthony insured that his sister completed her education, then he sold his house, furniture, and the land he owned, gave the proceeds to the poor, joined the anchorites who lived nearby, and moved into an empty sepulchre. At age 35 he moved to the desert to live alone; he lived 20 years in an abandoned fort.

Descriptions paint him as uniformly modest and courteous. His example led many to take up the monastic life, and to follow his way. Late in life Anthony became a close friend of Saint Paul the Hermit, and he buried the aged anchorite, leading to his patronage of gravediggers. His biography was written by his friend Saint Athanasius of Alexandria.

<u>SPIRITUAL TIPS DURING THE PANDEMIC</u> - Pray a family rosary for Coronavirus victims. - Read the Bible, Lives of the Saints and good spiritual books. - Pray the Angelus. The Angelus is a short prayer, traditionally prayed in the morning, midday and evening. - Be

prayer, traditionally prayed in the morning, midday and evening. - Be conscious of your mental health during this time of great anxiety. Be kind to yourself, be calm, and be patient with yourself and others.

# THANK YOU FOR THE GENEROUS DONATIONS OF \$1,041.00

FOR CHRISTMAS FLOWERS In memory of Carl and Randy Hillyard, Joe Fiddler Jacobs, Wilson and Cecelia Lazore, Simon and Marjorie King, close relatives of R.T., deceased members of Paul and Katie Caldwell, Peter, Louise and Melissa Back, Richard Tarbell, Evan Adams, Esther Bonaparte, Gerald Barnes, Bernard Arquette, Florance Tomas, Derek Cook, Dawn Thompson, Wayne Thomas, Norman and Margaret Tarbell, and Mike Thomas Sr. God Bless!

### THE LORD'S PRAYER (in Mohawk)

Ta kwa ien ha, ne, ka ron hia ke, te si te ron, a ie sa sen na ien, a ie sa wen ni ios ta ke, a ie sa wen na ra kwa ke, non wen tsia ke, tsi ni iot, ne, ka ron hia ke, kie sa wen na rak wa. Ta kwa nont, ne, ken wen te, ia kion he kon, nia te wen ni se ra ke, sa sa ni konr hen, ne ion kwa ri wa ne ren, tsi ni iot, ni, i, tsi on kwa ni konr hens. O the non, ion ki ni konh rak sa ton, non kwe; to sa, a ion kwa sen ni, ne ka ri wa ne ren, ak we kon, e ren, sa wit, nio tak sens. NE NE KA NA KE RAH TSHE RA, NE NE KA SATS TENH SE RA, KA IA TA NE HRA KWAH TSHE RA, SA WEN'K NON:WA NOK TSI NEN



DISCOVERY AT THE KAMLOOPS INDIAN RESIDENTIAL SCHOOL AND COWESSESS FIRST NATION: The St. Regis Mission Church is re-opened with restrictions. We continue to be in shock at this very sad time in the history of Canada and the Church. We ask everyone to continue to pray for the souls of the innocent

children that they may rest in peace.

### WHY CATHOLICS MAKE THE SIGN OF THE CROSS

Since we make the Sign of the Cross before and after our prayers, many Catholics don't realize that the Sign of the Cross is a prayer itself. The Sign of the Cross is not merely a pious gesture but it is a powerful prayer.



Here are six perspectives on the Sign of the Cross that reveal why making it opens us to life-transforming graces.

### I. MINI-CREED

The Sign of the Cross is a profession of faith in God as he revealed himself. It

serves as an abbreviated form of the Apostles' Creed. Touching our forehead, breast and shoulders, we declare our belief in the Father, Son and Holy Spirit.

### II. RENEWAL OF BAPTISM

First-century Christians began making the sign of the cross as a reminder and renewal of what happened to them when they were baptized. It still works the same way for us. We are asking the Lord to renew in us those baptismal graces.

### III. MARK OF DISCIPLESHIP

At baptism the Lord claimed us as his own by marking us with the Sign of the Cross. Now, when we sign ourselves, we are affirming our loyalty to him. By tracing the cross on our bodies, we are denying that we belong to ourselves and declaring that we belong to him alone (Lk 9:23).

# IV. ACCEPTANCE OF SUFFERING

Jesus promised us, that suffering would be a normal part of a disciple's life (Lk 9:23). So, when we mark our bodies with the sign, we are embracing whatever pain comes as a consequence of our faith in Christ.

#### V. MOVE AGAINST THE DEVIL

From the first Easter morning through the present, the sign of the cross makes the devil cower and flee. So on one level, making the sign is a defensive move, declaring our inviolability to the devil's influence.

### VI. VICTORY OVER THE FLESH

Making the sign of the cross expresses our decision to crucify desires of the flesh and to live by the Spirit. Making the sign indicates our stripping ourselves of our evil inclinations and clothing ourselves with the behaviors of Christ (Col 3: 5-15).

PRAY FOR THE SICK AND SUFFERING: Lord, look with compassion on the sick and suffering, especially those at TSIIONKWANONHTSO:TE and IAKHIHSOHTHA and all our homebound Akwesasronon Elders during these pandemic times. Lord, if You will, we commend to you: Alexina Auger, Steve Arquette, Peter Back, Lily Benedict, Hazel Bero, Jimmy Bero, Bruce Bombard, Marie Casey, Laurie Conners, Ashley Cook, Jerome Cook, Francis Cree, Julia David, Marita Francis, Leonard and Carol Garrow, Daniel George, Martha George, Bernadine Herne, Hilda Herne, Vernie and Toni Herne, Brian Jacobs, Christian Jock, Felicia and Hubert Jock, Joyce Kelso, Matthew Lamesse, Elizabeth Lazore, Hattie Jackson Lazore, Loran Lazore, Dr. Richard Loder, Viola Marshall, Mose R. McDonald Jr., Raymond McDonald, Memphis Pyke Mitchell, Norman and Nancy King, Herbie Oakes, Charles Peters, Lucille Peters, Richard Peters, Richard Phillips, Helen Pyke, Sheila Ransom, Michel Sands, Troy Skidders, Greg Snyder, Margaret Snyder, Mariella Stehlin, Marilyn Tarbell, Ashley Thompson and Donald Thompson.

Console the grieving family of Detwin Curleyhead, O Lord, and grant him eternal rest. May his soul, and the souls of all the faithful departed through the mercy of God rest in peace.

**SYNOD Participation and Planning**. Pope Francis' "New Way of Being Church" is he wants a church that is participatory based on co-responsibility, shared leadership, servant leadership and empowerment of laity. St. Regis Mission Ministry Chairs are invited to participate. Dates will be announced soon. For more information contact Father Jerome at 613-575-2753 or ieromebpastores@hotmail.com

SAFE ENVIRONMENT CORNER: Did you know? Did You Know...VIRTUS released a new version of Protecting God's Children which is the safe environment training program required for all clergy, religious, employees, and volunteers in the Diocese of Ogdensburg. The updated version includes more emphasis on diversity and activities involving technology. There are new survivor stories from the perspective of a minor as well as from an adult survivor. For more information, or to register for VIRTUS training, contact the Diocesan Safe Environment Office at (315) 393-2920.



# ENVIRONMENTAL

STEWARDSHIP: Creation Care Tip: Most medical professionals note that people function best when the relative humidity is between 30% and 50%. In winter this property of indoor air can fall well below this range. To make the air more comfortable and healthier,

try using a humidifier, especially one that disperses a stream of cool mist from an ultrasonic system. This will often allow you to turn down the thermostat by a degree or two without making you feel chillier.