

**FEBRUARY 11, 2024**

**READINGS:** Kings 2:1-12, Psalm 50:1-6.

2 Corinthians 4:3-6. Mark 9:2-9.

**ALL COVID-19 and FLU RESTRICTIONS APPLY - MASKS AND SOCIAL DISTANCING ARE OPTIONAL BUT HIGHLY RECOMMENDED.**

**SATURDAY FEBRUARY 10, 2024 4:00 PM**

**Offered for:** James "Dewey" Jacobs by Geraldine Jacobs **Sacristan:** Caroline Peters, **Hospitality:** Nicky King **Eucharistic Minister:** Caroline Peters **Reader:** Nicky King

**SUNDAY FEBRUARY 11, 2024 11:00 AM**

**Offered for:** Kevin Hemlock 17-Year Memorial Anniversary by the Hemlock family **Sacristan:** Mildred White **Hospitality:** Eddy Lazore **Eucharistic Minister:** Lisa Tarbell, **Reader:** Delinda Comins

**ASH WEDNESDAY FEB 14, 2024 7:30AM**

**IMPOSITION OF ASHES**

**ASH WEDNESDAY FEB.14, 2024 10:00 AM**

**IAHKIHIHSOTHA ELDER'S LODGE**

**Offered for:** Hubert Jock from the funeral collection and Imposition of Ashes

**ASH WEDNESDAY FEB. 14, 2024 7:00 PM**

**Offered for:** Laurie Conners from the funeral collection and Imposition of Ashes

**THURSDAY FEBRUARY 15, 2024 12:10 PM**

**Offered for:** Owen Peters from the funeral collection

**FRIDAY FEBRUARY 16, 2024 12:10PM**

**Offered for:** Hilda Lazore by the St. Regis Mission Family

**SATURDAY FEBRUARY 17, 2024 4:00 PM**

**Offered for:** Margaret and Norman Tarbell by the St. Regis Mission family **Sacristan:** Caroline Peters, **Hospitality:** Nicky King **Eucharistic Minister:** Caroline Peters **Reader:** Connie Thompson

**SUNDAY FEBRUARY 18, 2024 11:00 AM**

**Offered for:** Julia Roundpoint from the funeral collection **Sacristan:** Mildred White **Hospitality:** Eddy Lazore **Eucharistic Minister:** Lisa Tarbell, **Reader:** Carole Ross

**COLLECTIONS UPDATE**

**FEB 3-4, 2024 CDN \$389.75, USD \$418.45**

**NIAWEN:KOWA GOD BLESS!**

**IMPORTANT NOTICE:** The Liturgy Schedule is provided by the Ministry Chair, Caroline Peters. If there are questions or someone cannot attend the Mass that they are scheduled for they should contact Caroline ASAP. She can be reached by calling her at 613-575-2341 or by emailing her at [caroline.peters@akwesasne.ca](mailto:caroline.peters@akwesasne.ca)

**FEBRUARY 11, 2024**

**SIXTH SUNDAY IN ORDINARY TIME**



**BISHOP NOËL'S MESSAGE FOR LENT**

**2024: I'M IN TRAINING FOR EASTER:** "I'm training for a marathon," says one. "I'm training for a singing competition," says another. Like the athlete who never stops training to stay in shape and maintain his stamina, like the pianist who gives himself time each day to practice his art, so the Christian lives Lent as training to "live with faith, hope and love, the passion and the cross, to reach the resurrection" (Pope Francis, February 17, 2023).

Lent is a time to deepen our relationship with Christ, and to follow in his footsteps with greater boldness and confidence. It's a time for the conversion of heart and reconciliation with the Lord, to be unified with ourselves, with others, with Mother Earth. It's a time of purification, to return to what's essential, to strip away the clutter, and to rekindle the fire of the Spirit in our lives still too marked by complacency and sin. It's a time of real effort to shake off the routine and stagnation in which our faith and spiritual life sometimes finds itself.

A "journey back to God", as Pope Francis so aptly writes, Lent invites us to set out on a journey, one that climbs and demands effort and sacrifice. Tiredness, discouragement and depression can cause us to fall into apathy, or slide into "I don't give a damn" or "what's the point?". We risk giving up the climb and ending the journey. Hence the importance of keeping our eyes fixed on the road, taking the means that Mother Church offers us for this time of conversion, namely prayer, listening to Jesus in his Word, receiving the sacraments of the Eucharist and Reconciliation, fasting, and of course active and effective charity. To detach ourselves from mediocrity, superficiality and vanity, to overcome our resistance to following Jesus on the way of the Cross, we must let the Lord transform us by exposing ourselves, in prayer and adoration, to the power of His love. Our help comes from God, who calls us to discern where our lives are headed.

The journey back to God is only possible because God's journey to us took place in Jesus our Savior. No one can be reconciled to God by his or her own strength. Our strength is God. Our help comes from God, who calls us to discern where our lives are headed. It is also in God that we find the strength to come out of ourselves and touch, with our tears and our hands, the suffering of our brothers and sisters in need, struggling for clean water, healthcare, a roof over their heads, their daily bread, or hoping for peace, dignity and a welcoming land.

So, this Lent 2024, I'm making an extra effort to contribute to Share Lent and to support all those national and international organizations working to promote and bring about justice, peace and the fair distribution of the earth's goods, not forgetting the protection of our environment.

I'm not training alone. God is with me; the Church is with me: they are there to coach me. I'm joined by all those people of good will who are striving to build a just and fraternal world; I'm joined by all the brothers and sisters of my Christian community, all the baptized who are counting on me to support them and share with them this beautiful climb towards Easter in the joy, light and peace of the Risen Lord. Together, let's support each other as we follow Jesus, who wants us to be filled with His life and hope. Happy Lent!

† Noël Simard, Bishop of Valleyfield

**THE LORD'S PRAYER (in Mohawk)**

Ta kwa ien ha, ne, ka ron hia ke, te si te ron, a ie sa sen na ien, a ie sa wen ni ios ta ke, a ie sa wen na ra kwa ke, non wen tsia ke, tsi ni iot, ne, ka ron hia ke, kie sa wen na rak wa. Ta kwa nont, ne, ken wen te, ia kion he kon, nia te wen ni se ra ke, sa sa ni konr hen, ne ion kwa ri wa ne ren, tsi ni iot, ni, i, tsi on kwa ni konr hens. O the non, ion ki ni konh rak sa ton, non kwe; to sa, a ion kwa sen ni, ne ka ri wa ne ren, ak we kon, e ren, sa wit, nio tak sens. NE NE KA NA KE RAH TSHE RA, NE NE KA SATS TENH SE RA, KA IA TA NE HRA KWAH TSHE RA, SA WEN'K NON:WA NOK TSI NEN:WE - E THO E THO NI A WEN.



**WHAT IS LENT? FEB. 14 – March**

**31, 2024** Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition. In addition, the giving of alms is one way to share God's gifts, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446). In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Rite of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

**ASHES ON ASH WEDNESDAY:** The gesture of receiving ashes on the forehead in the form of a cross is acknowledgment of our unworthiness to be in the presence of the All-Holy God. In the tradition of Israel, this humble posture reminds us that we are nobody (like ashes) and we need conversion to become somebody (in Christ). Remember you are dust and to dust you shall return. Turn away from sin and be faithful to the Gospel.

**ASH WEDNESDAY, FEB. 14, 2024.** The word Lent is derived from the AngloSaxon words lencten, meaning "Spring," and lenctentid, which literally means "Springtide". Lent is a special period of 40 days of prayer, penance, sacrifice and good works in preparation for the celebration of the Paschal Mystery – the Passion, Death, and Resurrection of Jesus Christ. This holy season is meant to renew our faith, to increase our generosity in spiritual and corporal works of mercy. It is a time when we try to perform extra spiritual works, like attending daily Mass, making the Stations of the Cross, offering a weekly holy hour before the Blessed Sacrament, or taking time for personal prayer and spiritual reading. We repent of sin, make a good confession and receive sacramental absolution. A good Lent prepares us to celebrate joyfully the mysteries of our salvation at Easter.

**LET US PRAY FOR ALL WHO ARE SUFFERING.**

Lord, look with compassion on the sick and suffering, especially those at TSIIONKWANONHTSO:TE and IAHKIHHSOTHA and all our homebound Akwesasronon Elders and parishioners. Lord, if You will, heal: Steve Arquette, Dave Back, Peter Back, Hazel Bero, Marie Casey, Ashley Cook, Jerome Cook, Leona Cook, William Francis, Carol Garrow, Martha George, Dave Hall, Bernadine Herne, Vernie and Toni Herne, Julia Jacobs, Margaret and Brian Jacobs, Rose Jacobs, Christian Jock, Felicia Jock, Doreen King, Matthew Lamesse, Sean Latulipe, Hattie Jackson Lazore, Loran Lazore, Vanessa Lavare, Dorothy Lazore, Dr. Richard Loder, Jim "McDuck" McDonald, Raymond McDonald, Memphis Pyke Mitchell, Norman and Nancy King, Herbie Oakes, Charles Peters, Lucille Peters, Richard Phillips, Helen Pyke, Sheila Ransom, Brenna Roundpoint, Greg Snyder, Earl Spinner, Angie Sunday, Jimmy Sunday, Sr. Mary Christine Taylor, Marilyn Tarbell, Ashley Thompson, Donald Thompson, Tim Thompson, and Gary White. **O Lord, Console the grieving family of Yvon Simard, brother of Bishop Noel Simard, may his soul and the souls of all the faithful departed through the mercy of God rest in peace.**

**BULLETIN ANNOUNCEMENT DEADLINE:** To submit announcements for the St. Regis Mission Bulletin the deadline is **MONDAYS AT NOON**. To make a submission email [rosealmamcdonald@gmail.com](mailto:rosealmamcdonald@gmail.com)

**TO ARRANGE FOR A PASTORAL VISIT CONTACT FR. JEROME B. PASTORES** at the St. Regis Mission Church by calling (613)-575-2753 or by emailing him at [jernspastor3360@gmail.com](mailto:jernspastor3360@gmail.com)

**IMPORTANT NOTICE:** The St. Regis Mission food pantry is located at the rear of the Rectory. Access is via the rear parking lot ONLY. Hours are Thursday – Friday 9am to 1pm ONLY. Signs are at the Rectory indicating these times and the location. For more information contact Delinda Comins at 613-575-2753.



**SACRAMENT OF BAPTISM:** For the sacrament of baptism an application is required along with a copy of your child's Birth Certificate and an interview with Father Jerome. Baptisms are the **THIRD SUNDAY**

**OF EVERY MONTH PROMPTLY AT 10:00 AM.** Call 613-575-2753 for more information.

**PREPARATION FOR ASH WEDNESDAY** The holy season of Lent will begin on **Ash Wednesday, February 14, 2024.** The ashes that are blessed on Ash Wednesday are prepared by burning the old branches of blessed palm that were distributed last year on Palm Sunday. If you have palms that we could use for ashes, please bring them to Church and place them in the specially marked box at the entrance. **The deadline is FEBRUARY 11, 2024. NIAWEN. MASSES FOR ASH WEDNESDAY** February 14, 2024 To begin the holy season of Lent, Father Jerome will offer three services on ASH WEDNESDAY. Ashes will be blessed and distributed immediately after the reading of the Gospel during each of the following services: 7:30 AM, 10:00 AM and 7:00 PM. The Eucharistic Ministers will participate in the 7:30 AM service at the Church in order to receive blessed ashes to carry to the sick and elderly who are homebound!

